

# The Farm Project

## *Experiential Learning*

*"I did things I thought I would never do in my entire life."*

*Cara-Leigh, 11, York*

### What do we do?

The Farm Project CIC (Community Interest Company) offers a unique residential experience for children (Year 5 upwards) and young people to be part of a working organic farm and to gain a deep understanding of where food comes from. During a stay of up to a week, children/young people are fully immersed in farm life and take on a range of daily activities based around growing, harvesting, cooking, working with livestock and spending time in the woods building an awareness and appreciation for the natural world.

### What will your children/young people learn?

Whilst here, children/young people gain a deep understanding of where food comes from through hands-on growing, harvesting and cooking. Learning outside a traditional classroom environment also offers exciting and invaluable opportunities for personal development and growth.

Staying in the countryside and seeing how food is grown has a range of benefits including a general sense of well-being. Confidence and self-esteem grow and life skills build as children/young people face new experiences and challenges far from their everyday lives.

This cross-curricular approach strengthens emotional well-being, communication and teamwork. It encourages positive relationships to be nurtured between individuals and groups. This provides an opportunity for developing new skills and qualities which can be taken back into homes, schools and communities.

*"The growth in confidence was clearly evident. One boy made particular friendships within the small group of children which has enhanced his day to day experiences in class. There has also been a rise in his attendance rate which has been historically poor.*

*One of the children felt more accepted by his peer group on his return to school as he had bonded with children from other friendship groups whilst at the farm. " Headteacher, Swindon*

### How many children/young people can you bring?

Our maximum group size is ten and minimum is four. This allows for the experience to be genuinely hands on and lets each individual really be heard. Once here they are placed into even smaller groups, always with a member of their own staff and a member of farm staff.

Children/young people are able to do real, meaningful jobs giving them a sense of responsibility and achievement, improving confidence and self esteem.

## Costs

	<b>4 nights</b>	<b>3 nights</b>	<b>2 nights</b>	<b>1 night</b>
<b>4-6 children/ young people (plus 2 staff)</b>	£2,500.00	£1,750.00	£1,215.00	£685.00*
<b>7-10 children/ young/people (plus 3 staff)</b>	£3,750.00	£2,900.00	£2,025.00	£1,140.00*

Cost includes:

Accommodation - Ensuite bedrooms with bedlinen (excluding towels)

Food- 3 meals a day and two snacks. All food is certified organic and homemade

Activities- Plus all materials. Some wellies and overalls can be provided if necessary

*\* For one night stays we ask visitors to bring their own bedding*

**For more information or to talk to us about how to fund a visit please contact us:**

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